



Dear Families,

Welcome to the Meadowbrook Preschool program! Our goal in Preschool is to help your little ones develop a love of learning and discovery, a feeling of belonging and a confident, compassionate sense of self to share with the world.

The preschool program focuses on introducing basic academic concepts in a fun and engaging environment. We do a letter of the week, shapes, colors, numbers, songs, poems and themed literature. We also focus on getting our muscles stronger in order to begin using writing instruments like crayons and pencils.

In addition to these introductory academics, we focus on social skills and work to create a sense of independence. Our program also aids students with their social and behavioral development by fostering bonds with their peers, teachers, and the greater Meadowbrook school community. Through whole class, small group and individualized instruction your child will have the chance to bring their learning to life.

Please feel free to contact us if you have any questions. We are looking forward to a wonderful year of growing and exploring together!

Warmly,

Your Preschool Team,

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# Preschool Supply List

## 2024-2025

**Below are the supplies your preschooler will need & use throughout the school year:**

- One full-sized backpack (large enough to hold a 9x11 folder)
- Two plastic 9x11 folders (1 red, 1 blue)
- Two large Elmer's glue sticks
- One large liquid Elmer's glue bottle
- One pack of 10 thick Crayola markers
- One pack of 24 Crayola crayons
- One pair of children's scissors
- One standard hard pencil case
- One liter pump sanitizer
- Three boxes of tissues
- Three bottles of disinfectant wipes
- Three packages of baby wipes
- One roll up rest mat
- Rain boots to keep at school
- Seasonal change of clothing
  - Underwear, socks, shirt, and pants/shorts; change of clothing does not need to be the Meadowbrook uniforms; these items should be in a labeled zip lock bag & stored in cubbies

**Donations - not mandatory supplies for school, but always welcomed accepted any time during the school year for creative projects. 🙏**

- Yarn
- Ribbon
- Toilet paper rolls
- Paper plates, bowls
- Stickers
- Play-doh
- Plastic bags (for occasional accidents)
- Ziplock bags, any size
- Brown lunch bags
- Random craft supplies: glitter, beads, feathers, etc.
- Magazines, newspaper, tissue paper

# Getting Ready for School...

Dear New Preschool Families,

We are looking forward to a wonderful year with your children! To help create the best preschool experience, it is beneficial to have conversations with your child about what a day in school will look like to them. You can help with this by talking about the transitions that will occur each day.

They will begin each morning with free play which will then transition into circle time where they will work on sitting for group instruction. Following circle time, we will have snack, play outside, attend a specials class - such as Art or Spanish, then do group work in the classroom. These transitions become easier as the year goes on but knowing that the transitions occur can help young students to understand their new schedule and surroundings.

Academically, you may use the recommendations below to help prepare your child for the year ahead. We do not expect mastery in any of these skills but familiarity with many of them makes the transition from home to school easier for everyone.

## Suggested summer activities:

- **Read alouds:** Expose your child to picture books everyday. Get various family members to share storytime with them. Bring them to storytime at your local library. Take the time to look at the pictures and share your thoughts and feelings about the story.
- **Chores:** Start giving them 1-2 simple chores to do everyday. Ex: help empty dishwasher, put dirty clothes in the hamper, pickup toys after playing & put them back where they belong, throw away snack trash, etc. Encourage independence, as difficult as that may sometimes be for parents!
- **Travel:** Get out of the house as often as possible and expose them to various environments - point out letters & pictures on signs, try new foods with various textures, expose them to different cultural events.
- **Play:** It's how children learn! Get outside and catch fireflies at dusk, encourage independent play and engaging with other children, begin playing simple board games and puzzles to practice taking turns.
- **Fine Motor Skills:** Put scissors, crayons, chalk, paintbrushes and pencils in their hands whenever possible.
- **Toileting:** Preschool students must be fully potty trained to attend school. This means children are able to get pants up and down, wipe, flush and wash hands independently.
- **Social Media accounts:** Helpful & sometimes humorous insights for parents...  
@mindfulmamamentor, @seed.and.sew, @instituteofchildpsych, @busytoddler, @biglittlefeelings

Have a wonderful summer, we will see you in September!

Mrs. Sulligan, Mrs. Johnson, Mrs. Lidovitch, Mrs. Small